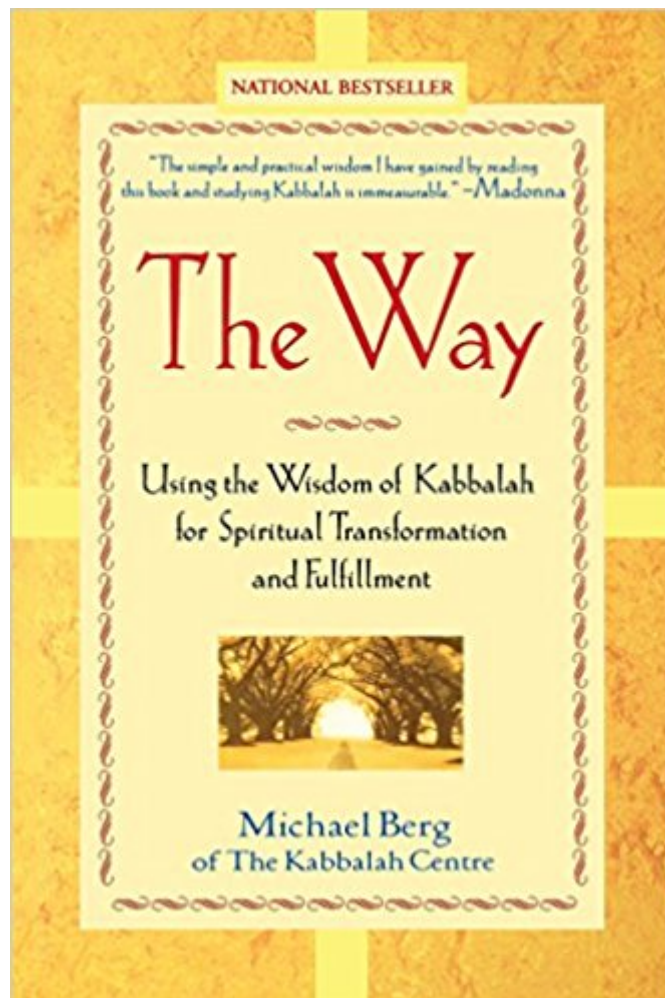




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# The Way: Using The Wisdom Of Kabbalah For Spiritual Transformation And Fulfillment



## Synopsis

The simple and practical wisdom I have gained by reading this book and studying Kabbalah is immeasurable.--Madonna ""This book will inspire your soul. Michael Berg has accomplished the monumental task of translating the eternal truths of life into spiritual common sense. Without a doubt, *The Way* will become one of the sacred texts of your own life.""-Caroline Myss, Ph.D., author of *Anatomy of the Spirit* and *Sacred Contracts*

The spiritual way of Kabbalah has grown from a hidden treasure into a widespread mainstream movement that has helped people from every walk of life, all around the world, to improve their lives. In this bestselling book, Michael Berg of The Kabbalah Centre-the world's leading educational institution teaching the wisdom of Kabbalah-shows you how to recognize and understand the key spiritual laws in order to improve your life and the lives of everyone around you. *The Way* will teach you meditation and prayer techniques and how to reduce emotional chaos and increase personal harmony. At once groundbreaking and so clearly written that it is accessible to anyone following any spiritual path, *The Way* provides the spiritual power tools to attain true fulfillment and happiness.

## Book Information

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## Customer Reviews

Berg, the editor-in-chief of Kabbalah magazine, offers a readable introduction into what he claims is the universal mystical tradition. The Kabbalah is replete with modern analogies (even Vince Lombardi!) and is written in an intelligent style expressly designed to appeal to the broadest possible audience. However, Berg overreaches with the claim that "Kabbalah is the birthright of all humanity. It does not belong to any religion or ethnic group." Unless God desires everyone to be

Jewish (which Judaism has always rejected), it is disingenuous to say that "The Way" is "for literally everyone in the world" and then proceed to refer exclusively to Jewish texts, prayers, heroes and holidays and the mysterious power of Hebrew and Hebrew alone. Berg's "way" has much in common with other mystical traditions, particularly reincarnation and meditation. "Love thy neighbor" may be "the secret of living in accordance with Kabbalah," but it is hardly a monopoly. Ironically, the path outlined here is reminiscent of St. Paul's ancient Christian missions to the pagans. St. Paul eliminated Jewish ritual observance and made the religion palatable to the uninitiated winning countless converts to a new tradition, but alienating observant Jews. Characterizing the Sabbath as "one day just to sit back and cruise, if that's what we really want to do" may win the hearts of Santana and Madonna, but it will likely leave serious Jewish mystics cringing. Copyright 2001 Cahners Business Information, Inc. --This text refers to the Digital edition.

"This book will inspire your soul. Michael Berg has accomplished the monumental task of translating the eternal truths of life into spiritual common sense. Without a doubt, The Way will become one of the sacred texts of your own life."--Caroline Myss, Ph.D., New York Times bestselling author of Anatomy of the Spirit  
"The Way reveals the beauty and the practicality of Kabbalah -- buy this book and read it, now."--Sandra Bernhard  
"The simple and practical wisdom I have gained by reading this book and studying Kabbalah is immeasurable."--Madonna  
"Michael Berg brilliantly shares Kabbalah's profound spiritual laws and ancient wisdom in a simple way that can help us improve the quality of our lives -- in many ways."--Roseanne --This text refers to the Digital edition.

I have had an interest in learning more about the mystical side of Judaism, but found my initial book selections about Kabbalah to be too detailed for me to keep my focus. "The Way", in contrast, was an easy read, very understandable, and gave me enough information to want to explore the more challenging books that scared me off initially.

Thank you, Michael Berg -- this is a great gift to humanity! And it is greatly enriching my life! After reading most of this book in one day, despite numerous work distractions, it has already helped me enormously. I find myself spiritually healed, encouraged, given new hope and wisdom and love and faith. It is like the author says, he is continually surprised and gratified to hear feedback from readers that this book has changed their lives. I do not doubt it. It is surely one of the most important books I have ever read. Not just for intellectuals, nor for Jews (and I am a self-confessed Jewish

intellectual who sometimes wonders why God didn't have him around at the Creation of the Universe to kibbitz a little bit), but for all people who seek greater happiness, wisdom, and love in their lives. The spiritual principles stand up -- far overshadowing the intellectual complexity with which the Kabbalah is normally presented. (In fact, I find some of the negative reviews in this section to be unintentionally hilarious in matching the warning Michael gives that the more one shares the light, the more one meets resistance from various forms of darkness, including intellectual condescension, envy, materialistic greed, and more -- and that the greater the light the more the resistance.) Herein, instead of showy philosophical complexity, we find folksy pithy and yet highly profound instructional stories by learned Rabbi's and teachers of the Kabbalah which are tremendous growth tools. Instead of hair-splitting footnotes about various scientific and philosophical disagreements among purists, we find simple life-changing paradigms, like that the purpose of life is to learn how to acquire for the good of others, not just oneself, and insights into reincarnation, and karma, and that the central lesson is that through sharing we resonate with the Light of the Creator and become great, while we must be courageous in action yet humble and cautious in not hurting or unduly judging others, and as we learn to love as the Creator loves, we bring about the death of death. (Reminds me of the insights of my Buddhist wife -- the Kabbalah is truly a source of universal wisdom!) This book makes spiritual learning fun, yet never sacrifices depth and sincerity and meaningfulness. I am enjoying it thoroughly. And I have ordered still more books on the Kabbalah. Thank you, Michael Berg. I owe you more than I can ever repay. Thank you, Michael Berg -- this is a mitzvah!

Been on a deep spiritual path for 40 years... can more easily discern truth from lies.... and... this book is crammed full of essential spiritual principles, presented simply, effectively and to the point. There are some uncomfortable truths in it, but Truth is not always comfortable! Bought one for each of my grown daughters... really wish they would read it! Highly recommended!

I'm reading the book and I think it's wonderful, I really like, explain everything about life, and how to be better. written in simple, has great stories. I recommend it, it's a great tool to help us go far in spirituality

My favorite book excellent condition

Intellectual explanation of Kabbalah for the Layman. Intellectual explanation of how Kabbalah can

be used in everyday life. Well written and worth a read.

It is a pleasure to read Michael's book on the Kabbalah with the lead in being the story of his familie's dedication and living of the teachings.A best readBartholomew

I have had the privilege of reading books from several religious traditions on their mystical branches. I've not before read books on the Jewish mystical tradition. First, I was amazed at how approachable was the writing. The author wrote in an easy-to-understand first person manner. Of the 50 or so books read on mysticism, this was THE easiest to understand with little "dogma". It isn't by any means authoritative or comprehensive. That said, the author went on to discuss many of the ins and outs. I was engaged from page 3. A long time ago I began reading such works in small chunks rather than reading front to back in one sitting. I kept coming back and at times practiced techniques or pushed ideas. I like the author's style and will look up other books, if any, of his. I highly recommend this book for university and public libraries, as well as spiritual and counseling centers. I give everything I read a grade, and this book, I believe, merits at least an A-.

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